

let's go!



clearcorrect

Wear & care

*Uso y cuidados • Port et entretien
Utilização e cuidados • Anwendung und Pflege
Gebruik en onderhoud • Uso e cura*

device description & intended use:

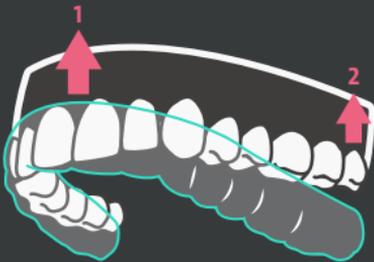
ClearCorrect aligners are made from thermoplastic polyurethane. The ClearCorrect system is indicated for the treatment of malocclusion in patients with permanent dentition. The ClearCorrect system positions teeth by way of continuous gentle force.

1. wearing your aligners



Rinse your aligners with cool water when you first remove them from the packaging.

inserting your aligners



Insert your aligners by placing them over your front teeth first, then work backwards, applying gentle, even pressure over your molars until the aligner clicks into place. **Do not** bite your aligners into place.

Call your doctor if you have any fitting issues.

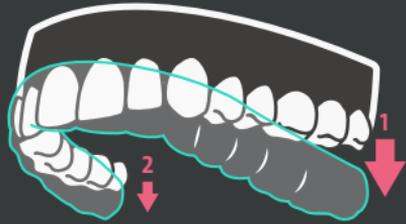




It is normal for fresh aligners to fit tightly and apply pressure to your teeth. This pressure should lessen as you wear each step.

removing your aligners

To remove your aligners, start by using your fingertip on your rear molar on one side. Carefully pull the aligner away from the tooth. Repeat this motion on the opposite side before trying to remove the aligner completely. Once both sides are free, you should be able to begin working your way forward to gently pry the aligner away from your front teeth.



Do not use excessive force to bend or twist an aligner to get it off.

Do not attempt to use a sharp object to remove your aligners.

If you find that your aligners are extremely difficult to remove, tell your doctor about it.

2. during treatment



Wear your aligners for at least 22 hours every day.

Each time you put your aligners in, inspect them for cracks or deformities. If you find any, report them to your doctor immediately.



Make sure you're wearing the set that your doctor directed you to use! They're marked with the step number, as well as a "U" for your upper teeth, and an "L" for your lower teeth.

You may speak with a slight lisp while your tongue adjusts to the aligners—this usually goes away within a few days.



If you experience dry mouth, just drink some water.

3. aligner care



Remove the aligners to eat. Rinse them off and store them in a safe place.

Brush and floss after every meal to prevent food and drink from getting trapped under the aligner. Clean your aligners with a toothbrush and cool water. For more thorough cleaning, you can use toothpaste or special aligner cleaner, but **do not** use denture cleaners or mouthwashes.



Keep aligners away from alcohol and hot, sweet, or colored liquids.

Keep pets and small children away from your aligners.



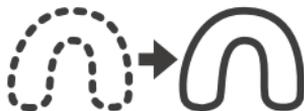
4. your doctor

If you have any questions about hygiene techniques, bring it up with your doctor. Regular dental checkups and cleaning are recommended for your continued oral health.



Bring your previous set of aligners with you to checkups. Keep your old aligners until your doctor is certain you won't need them.

Advance to the next step when directed by your doctor.



If you suspect an adverse reaction, discontinue use and consult your doctor. Your doctor, not ClearCorrect, is responsible for managing your treatment.

5. frequently asked questions

What if I lose or break an aligner?

Speak with your doctor immediately.

Will treatment be painful?

A little discomfort is common, especially during the first 3–5 days of wearing each new aligner.

Will wearing aligners affect my speech?

You may speak with a slight lisp while your tongue gets used to the aligners. It usually improves within a few days.

What should I do if one of my aligners doesn't fit?

Talk to your doctor.

Are there any foods I can't eat during treatment?

No, actually—one of the advantages of clear aligner treatment is that you can remove them to eat whatever you normally would.

Is it OK to drink hot or cold beverages while wearing aligners?

Drinking anything besides cool water while wearing aligners is not recommended.

Can I chew gum while wearing aligners?

No, please don't. Aligners aren't made to withstand the kinds of force exerted while chewing, and gum is sugary and sticky and things can get off track real quick.

Can I smoke with the aligners?

Smoking is not recommended; it can stain your aligners and teeth. (Studies show it's not great for your lungs, either.)

Why do some of my aligners have bumps on them?

These bumps (called engagers) help move your teeth.

What if I lose or break an engager?

Talk to your doctor.

SYMBOLS

**Manufacturer**

EN ISO 15223-1; 5.1.1

Indicates the medical device manufacturer, as defined in EU Directive 93/42/EEC

**Authorized Representative in the European Community**

EN ISO 15223-1; 5.1.2

Indicates the Authorized Representative in the European Community

**Caution**

EN ISO 15223-1; 5.4.4

Indicates the need for the user to consult the instructions for use for important cautionary information such as warnings and precautions that cannot, for a variety of reasons, be presented on the medical device itself.

**Consult instructions for use**

EN ISO 15223-1; 5.4.3

Indicates the need for the user to consult the instructions for use.

**Non-sterile**

EN ISO 15223-1; 5.2.7

Indicates a medical device that has not been subjected to a sterilization process.

**Rx Only**

US Code of Federal Regulations, Title 21, Part 801.15(c)(1)(i)(F)

Caution: Federal law restricts this device to sale by or on the order of a licensed dental professional.