



Information & Consent Form for Patients Undergoing Oral Sedation

What is Oral Sedation?

Oral sedation means that sedative drug is swallowed either as a tablet or a liquid

It takes 10 -20 minutes for the effects of the drug to start working

Once you are sedated, dental treatment can then commence

Sedative drugs are used to make you feel less anxious and more relaxed

You will be awake and will still be able to communicate verbally with us

This is not a general anesthetic and it does not make you unconscious

following your treatment you will be required to stay at the practice until your clinician is satisfied that you are well enough to be accompanied home

For 24 hours after the procedure, your coordination will be affected and you should not undertake skilled tasks or sign any documentation

What are the benefits?

Oral sedation avoids the use of a general anesthetic and the risks associated with it

It reduces anxiety and stress associated with dental treatment

It enables the clinician to undertake the procedure with greater ease and safety

What are the risks?

The risks are minimal

Reduction of oxygen in blood stream. This is due to reduced breathing during sedation. You may be asked by your clinician to take deep breath to correct this. Your breathing level will be monitored throughout the procedure

Very rare risks:

Allergic reaction to the sedative drugs that you have been given.

Vomiting

It is very important that you let the clinician know your medical history, including any medication you are taking and if you had any problems with having either general anesthetic or sedation

What are the alternatives?

The main alternatives to oral sedation are local anesthetic, conscious sedation, intravenous sedation and general anesthesia



Local anesthetic means the area which needs treatment will feel numb, but you are completely alert during the procedure

Conscious Sedation also known as Intravenous sedation is when a needle is used to place a cannula in the vein either at the back of your hand or in the arm. This is to give you the sedation medicine

General anesthetic is associated with increased risk and cannot be done if you have certain medical conditions. It is often better to avoid a general anesthetic if the operation is minor

What do I need to do before my appointment?

Please make arrangements for an able-bodied adult (escort) who can take responsibility for you, to come with you to the appointment, stay in the waiting area and take you home. This person may need to stay with you over night.

You will not be treated under sedation if you come without an escort

Your escort should not be looking after anyone else except you

If you have a cough, cold or other illness, please contact the clinic before the appointment, as it may be necessary to postpone treatment.

If you think you may be pregnant, you need to let the clinician know.

If you are breastfeeding, you need to let the clinician know.

What should I do on the day of my appointment?

Make arrangements to have children looked after at home as we are unable to look after them whilst you are having your treatment

An escort will be required –if you attend without an escort, you will not be treated.

An escort is an able-bodied adult who can take responsibility for you, to come with you to the appointment, stay in the waiting area and take you home. This person may need to stay with you over night.

Your escort should not be looking after anyone else but you

You may have a light meal before the appointment for treatment.

Wear loose comfortable clothing

Take regular medication as normal and bring in any drugs or inhalers you have been prescribed

Leave all valuables and jewelry at home apart from your wedding ring



Do not wear any make-up, nail polish or nail extensions. You can wear a simple face cream

Use the bathroom before the start of treatment

What to expect?

You will remain conscious during this kind of sedation

You may experience a temporary loss of memory during the time that you are sedated

You may feel unsteady on your feet for some hours after the procedure

Your ability to think clearly or make judgments may be affected for the next 24 hours

You may experience some forgetfulness

Once you are sedated, the clinician may use local anesthetic to numb the site of treatment. Local anesthetic as a paste is sometimes used to numb the site of treatment prior to local anesthetic (injections). This will reduce the chance of any discomfort

When will I be able to go home?

You should be ready to go home about 1-2 hours after the start of your treatment.

You will be assessed to ensure you are ready to go home

Your clinician will give you any extra care instructions depending on the treatment carried out that day

You should travel home with your escort by car or taxi as the sedative drug affects your coordination

Do not go home by public transport (i.e. bus, train, underground)

What should I avoid doing afterwards?

Your judgement will be affected by the sedative drug. This is similar to the effects of consuming alcohol

You should NOT:

Drive a motor vehicle or ride a bike for 24 hours after treatment

Operate machinery or electrical items of any kind

Drink alcohol

Take sedative drugs

Be responsible for other people / children



Return to work immediately

Make significant decisions or sign any important documents.

Climb heights (e.g. ladders, scaffolding)

Owing to the after effects of the sedative drugs used , care should be taken when using the internet for personal communication

What do I do when I get home?

You can eat and drink as soon as you get home; however it is best to wait until the effects of any local anesthetic have worn off (usually 2-4 hours)

What to do if you need help / advice?

If you have any concerns, you should contact us on 01206 769695

Between 9.00 a.m. to 5.30 p.m.

Monday-Friday

Please Print Name & Sign below:

Oral sedation procedure has been fully explained to me and I have had the opportunity to ask questions. I have read this information document and I consent to treatment and take responsibility for the risks described above.

Name:

Signature:

Date: