

Gingival Veneer / Epithesis: Use and Care Instructions

You have just received your new flexible/rigid gingival veneer / epithesis:

Gingival Veneer /Epithesis has many advantages. It resembles natural gingiva, is comfortable to wear and is resistant to mechanical pressure. Please read these instructions carefully and follow the advise, particularly maintenance instructions, to maximize the use of your new gingival veneer.

Always moisten the gingival veneer / epithesis with tap water before inserting it. This helps to slide the interdental tags between the teeth. Firstly, insert the correct interdental tag into the interdental space between your two front teeth. The adjacent tags can then be fitted into place sequentially. Take the epithesis out of the mouth slowly and with care. Prior to inserting the epithesis, it is important to brush your teeth properly with tooth paste to prevent root carries from forming under your epithesis. The gingival epithesis will discolour quicker when plague and other dental deposits accumulate on your teeth. Please note that heavy smoking and the frequent consumption of tea, coffee and wine can cause discoloration and staining of the epithesis.

The gingival epithesis is *not to be* used in conjunction with a wound-pack, e.g., with fluor gel.

Cleaning: Remove the gingival epithesis after each meal and rinse it well using tap water. Rinse the gingival epithesis with water after each meal, especially after drinking fruit or vegetable juices (coloring!) Rinse also your mouth carefully with water to flush out the coloring. At least once daily the epithesis must be thoroughly cleaned. This is best done using a liquid soap and a soft toothbrush.

At night the epithesis should possibly not be kept in the mouth. After thorough cleansing one can keep the epithesis overnight in a mouth rinsing solution. e.g. ACT Anti-plague solution. Before inserting again rinse well.

Attention: Most commercial denture cleaners cause bleaching of the epithesis after a short period of time and therefore cannot be recommended. After using flourid-gel wait for at least 30 mins before re-inserting.

Periodical Renewal

Upto two flexible/rigid gingival epitheses can be fabricated from each impression, this is normally sufficient for atleast one year if the maintenance care is properly carried out. Make an appointment for a new impression when you insert your last epithesis for the first time. This can be conveniently combined with your scheduled recall appointment. New impressions are necessary to compensate for minimal changes occurring to gingiva and tooth positions which may affect the subsequent snug fit of a new epithesis.

If any questions feel free to call us on 01206 769695